

ADAPTIVE CLASS

This class is for persons with any physical limitations that make the “normal” biathlon participation difficult. Though the wheelchair participants make up most of the group, any impairment can be accommodated. The course of fire will be modified based on the disability and shooting/biathlon experience. Individual coaching on the line is allowed and encouraged in this class.

In this class you will normally shoot the large “offhand” targets all four of the five-shot bouts from the “prone” position. In this case, “prone” is defined as using rests to support the rifle while shooting.

With experience you may choose to move on to shooting “prone” (as defined above) for the first two bouts and “offhand” for the second two bouts. In this case, “offhand” is shooting with no artificial rifle support. Also, with experience, you may choose to shoot the “prone” at the smaller targets, and “offhand” at the larger targets.

The distance “run” between shooting bouts will be individually determined based on ability and experience, and no penalty loops will be run. Instead, a penalty (time) factor will be added to your time for each miss.

The action must have the **BOLT OPEN** any time you are off the firing line. Bullet **clips** are to be removed from the rifle before leaving the firing line. If you are unable to carry the rifle from the rack to and from the firing line, your assistant or coach will carry your rifle for you, by the barrel, muzzle up, keeping the rifle pointed in a safe direction at all times.

Your **finger must be off the trigger**, placing your finger straight out, above the trigger guard and along the side of the stock until you are on target and you are ready to shoot. While on the line, keep the muzzle pointed down range at all times.

Be sure to follow any and all of a Range Safety Officer’s instructions.

**Safety first! Safety
Always!**