

AGE 13-16 CLASS

Biathletes in this class must be accompanied by parent or legal guardian

You will shoot all four 5-shot bouts at the offhand targets.

You will shoot all four bouts in the prone position.

You will ski/snowshoe/run/walk (run) 800 meters (400 out the marked trail and 400 back) before the first five-shot bout, between each bout, and after the last (fourth) five-shot bout for a total of 4000 meters run. Be sure to “walk” where marked on return to the range and until the “run” line when embarking on each 300 meter run. A rifle rest, such as a roll of rug, is allowed in this class. Slings will not be used in this class. You will have the option to run any penalty loops or take the time penalty factor added to your score for each miss.

Parent or guardian – or youth if cleared by range safety officer - must carry the rifle by the barrel, muzzle up, **BOLT OPEN** from rack, to firing line and back each bout. Remove the bullet **clips** before leaving the firing line.

Your **finger must be off the trigger**, placing your finger straight out, above the trigger guard and long-side of the stock until you are on target and you are ready to shoot. When on the firing line keep the muzzle pointed down range at all times.

Individual coaching allowed (and may be required by the Match Director).

Be sure to follow any and all of a Range Safety Officer’s instructions.

Safety First!

Safety Always!