

BEGINNER CLASS

This class is for beginners in the sport of Biathlon, those less skilled in shooting, and the less confident! This class is non-competitive and you may elect to stay in this class as long as you want but once you up to the Novice Class you may not revert back to Beginner.

In this class you will shoot at the offhand target all four of the five-shot bouts and will shoot prone for all four bouts. You will ski/snowshoe/run/walk (run) 800 meters (400 out the marked trail and 400 back) before the first five-shot bout, between each bout and after the last (fourth) bout for a total of 4000 meters run. Be sure to walk where marked on return to the range and until the run line when embarking on the 800 meter run. Slings will not be used in this class. You will have the option to run any penalty loops or take the time penalty factor added to your score for each miss. A rifle rest is allowed in this class.

You must carry the rifle by the barrel, muzzle up, **BOLT OPEN** from rack, to firing line and back each bout. Remove the bullet **clips** before leaving the firing line.

Your **finger must be off the trigger**, placing your finger straight out, above the trigger guard and long-side of the stock until you are on target and you are ready to shoot. . When on the firing line keep the muzzle pointed down range at all times.

Individual coaching on the line is allowed and encouraged in this class.

Be sure to follow any and all of a Range Safety Officer's instructions.

Safety First!

Safety Always!